

Correspondence

Dermatoscopy of a melanoma less than one millimeter in diameter

Sir,

We report the smallest melanoma (0.9 mm and 0.6 mm in diameter dermatoscopically and histologically, respectively) in a 32-year-old female with a history of three melanomas in the previous 3 years. The patient was under automated total body photography follow-up at 3-month intervals (FotoFinder Bodystudio ATBM), and a new 0.9 mm diameter pigmented lesion on her left lateral thigh was detected (Fig. 1). At the time of presentation, dermatoscopic features included eccentric black clods, one pseudopod, and gray branched/reticular lines. All of these clues except the grey color were equivocal. There were no compelling

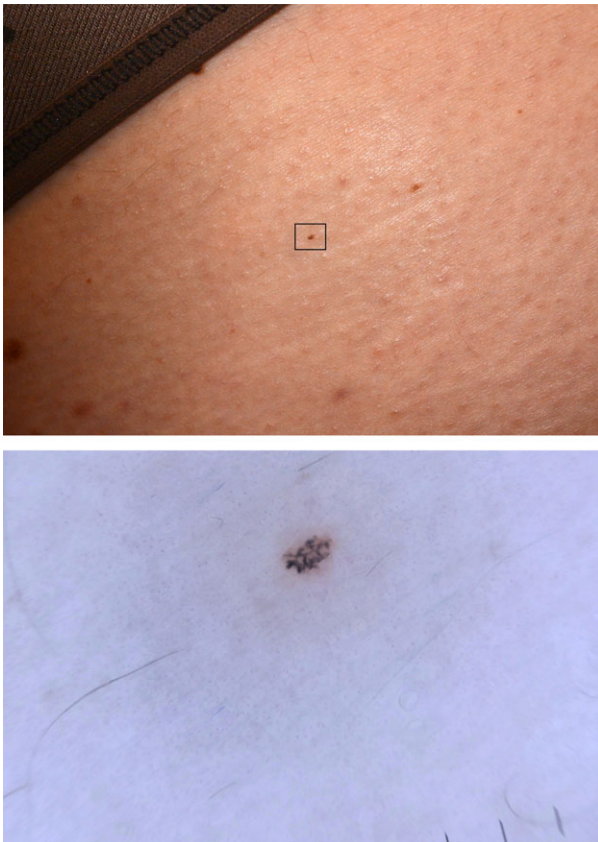


Figure 1 Clinical (upper image) and dermatoscopic (lower image) of a pigmented skin lesion 0.9 mm in diameter as measured on the dermatoscope face-plate scale. Dermatoscopy reveals grey branched lines, one equivocal pseudopod (central upper border) and equivocal peripheral black clods (lower left border). Equivocal clues are best discarded leaving the gray structures as the defining clue

clues to malignancy according to any of the published algorithms except chaos and clues. Although the lesion was reasonably symmetrical, according to Chaos and Clues, a small lesion with any of the nine defined clues to malignancy or any changing lesion on an adult should be considered for biopsy even if symmetrical.¹ Consequently, after additional consideration that this was a high-risk patient, excisional biopsy was performed, and a pathology report of melanoma *in situ* was rendered. Histological examination (Fig. 2) was evaluated by three

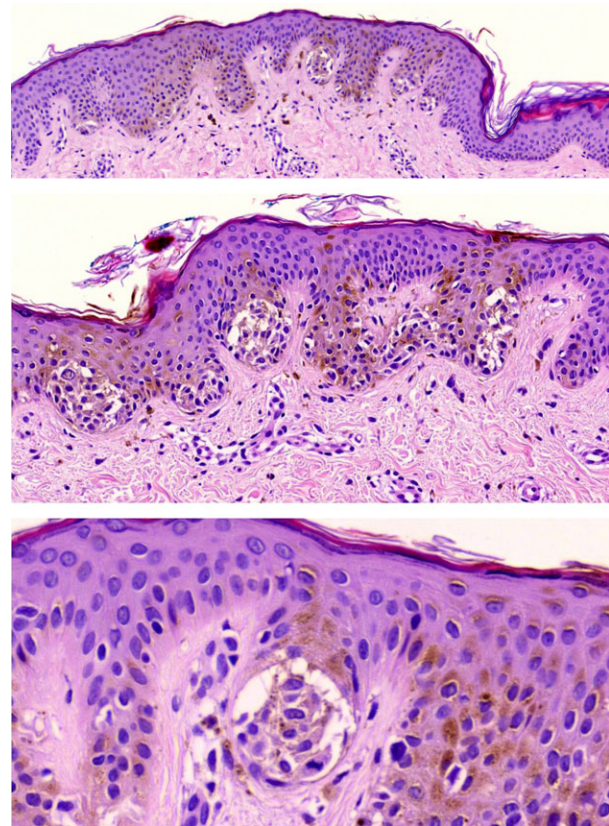


Figure 2 Microscopic sections with H&E stain show an asymmetrical proliferation of melanocytes organized in nests that vary in size and distribution (upper image, H&E $\times 20.1$) and as confluence of single melanocytes. These nests and confluent melanocytes were located not only at the tips of rete ridges but also isolated melanocytes were located within the granular and spinous layers (center image, H&E $\times 36.0$). Nuclear pleomorphism and occasional mitotic figures were seen within the junctional melanocytes (lower image, H&E $\times 86.3$). Dermal infiltration was not detected

pathologists and revealed disorganized nests of melanocytes located at irregular intervals within the basal epidermis and confluence of single melanocytes. Isolated melanocytes were located within the granular and spinous layers. Occasional mitotic figures were observed within the junctional melanocytes. Dermal infiltration was not detected.

As most melanomas are larger than most melanocytic nevi, it is common practice for dermatoscopists not to pay attention to small lesions, with only the larger ones being examined by dermatoscopy. However, all melanomas begin as small lesions, which can subsequently grow in diameter and depth. This is consistent with the theory of tumorigenesis. If a cancer begins as one cell, then even a 1 mm melanoma has a malignant cell population at least in the thousands.² This proposal is also consistent with stem cell theory that melanomas could develop from quiescent precursor cells that have accumulated a malignant complement of mutations.³ Any model proposed for melanomas developing from nevi, at best, can only be applied to a minority of melanomas, being fundamentally flawed for the vast majority which are known to develop *de novo*.


While it was asserted that there were no dermatoscopic criteria to distinguish nevi from *in situ* melanomas,⁴ the science of dermatoscopy has progressed to a stage where dermatoscopy is now known to improve accuracy for even *in situ* melanomas.⁵

The clinical ABCDE acronym (asymmetry, border irregularity, color variegation, diameter >6 mm, evolution) was developed as a diagnostic approach for the early detection of cutaneous melanomas while the prognosis is still good. Critics have proposed that the existence of small melanomas (≤6 mm diameter) makes revision of the D criterion appropriate.^{2,6} Rosendahl *et al.*,⁷ suggested that in the clinical ABCD method, the D for diameter could be appropriately substituted with D for dynamic, arguing that the arbitrary designation of a diameter greater than 6 mm to the clinical diagnosis of melanoma, as in the clinical ABCD method, is inappropriate.

Previously dermatoscopic features of four minute melanomas with a diameter of 1.5–2 mm were reported.^{7–10} One of these minute melanomas was invasive.¹⁰ The present case, with a maximum diameter of 0.9 mm, is the smallest melanoma that has ever been reported, and it presented as a changing lesion on an adult with dermatoscopic subtle gray color, these features being sufficient according to the Chaos and Clues algorithm to warrant excisional biopsy.

The melanoma presented here, being 0.9 mm in diameter, is the smallest reported at this time. Every melanoma has to start small, and a threshold of 6 mm will prevent diagnosis at the earliest stages. We believe that especially in high risk patients, even very small lesions which have dermatoscopic clues to

melanoma should be excised and submitted for pathological assessment.

Bengu N. Akay^{1,*}, MD 
 Aylin Okcu Heper², MD
 Simon Clark^{3,4}, MB ChB FRCPA
 Cengizhan Erdem¹, MD
 Cliff O. Rosendahl^{4,5}, MBBS PhD
 Harald Kittler⁶, MD

¹Department of Dermatology, Ankara University Faculty of Medicine, Ankara, Turkey

²Department of Pathology, Ankara University Faculty of Medicine, Ankara, Turkey

³DHM Pathology, Macquarie Park, NSW, Australia

⁴Tehran University of Medical Sciences, Tehran, Iran

⁵School of Medicine, The University of Queensland, Brisbane, Australia

⁶Department of Dermatology, Medical University of Vienna, Vienna, Austria

*E-mail: nisaakay15@yahoo.com

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